



Connecticut

SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$2,510	\$292
2	\$3,408	\$536
3	\$4,304	\$768
4	\$5,200	\$975
5	\$6,098	\$1,158
6	\$6,994	\$1,390
7	\$7,890	\$1,536

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A
BENEFIT ESTIMATE**

