

Iowa

SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$2,008	\$292
2	\$2,726	\$536
3	\$3,443	\$768
4	\$4,160	\$975
5	\$4,878	\$1,158
6	\$5,595	\$1,390
7	\$6,312	\$1,536

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A
BENEFIT ESTIMATE**

