

# New Hampshire SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$2,430	\$291
2	\$3,288	\$535
3	\$4,144	\$766
4	\$5,000	\$973
5	\$5,858	\$1,155
6	\$6,714	\$1,386
7	\$7,570	\$1,532

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A  
BENEFIT ESTIMATE**

