

# Vermont SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$2,412	\$298
2	\$3,261	\$546
3	\$4,108	\$785
4	\$4,956	\$994
5	\$5,805	\$1,183
6	\$6,652	\$1,421
7	\$7,499	\$1,571

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A  
BENEFIT ESTIMATE**

